

Indoor air quality in UK Passivhaus primary schools

Findings from PhD research on '*Total Performance of UK Passivhaus Primary Schools*' by Chryssa Thoua at **UCL** Institute for Environmental Design and Engineering with **Architype**.

Supervisors: Prof Anna Mavrogianni*, Prof Dejan Mumovic*,
Dr Manolis Bagkeris*, Mark Lumley

This presentation

Context

Research objectives

Methods

Case studies: Four Passivhaus primary schools in England and in Wales

Main findings:

Performance of Passivhaus primary schools and **determinants** of performance

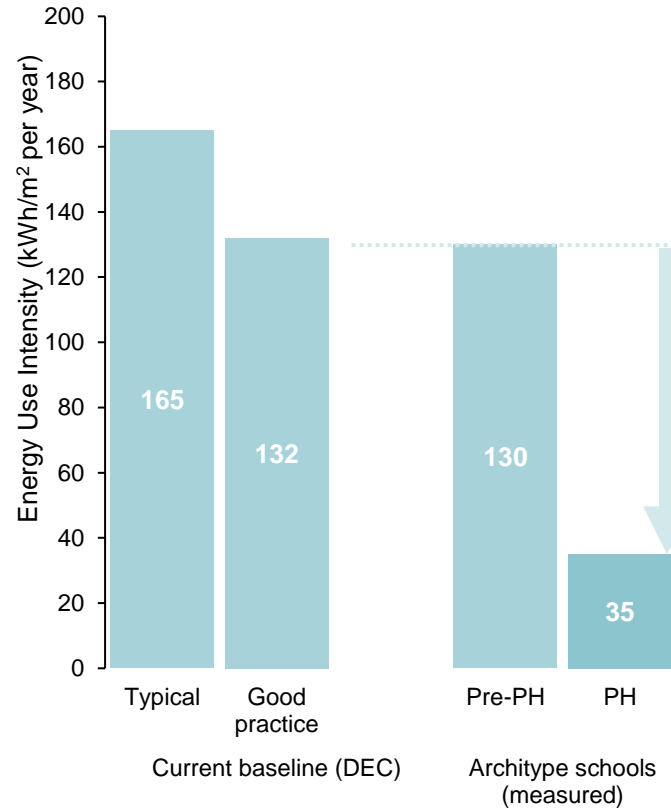
Implications of findings for **practice** and **policy**



Context

Passivhaus can help achieve **Net Zero Carbon targets** in schools.

However, there is an **evidence gap** on indoor air quality and overheating risk for Passivhaus primary schools.

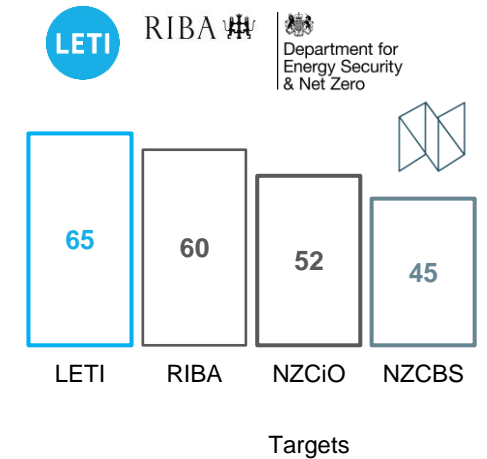


Current baseline (DEC database, Hong et al. 2014): typical (median) and good practice (25th percentile).

Pre-PH: 2010 St Luke's BREEAM Excellent Primary School, Architype.

PH: 2018 Parc y Twyn Primary school, built to Passivhaus standard.

Primary schools



RIBA: RIBA's 2030 Climate Challenge target for schools

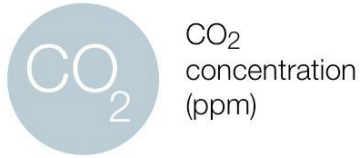
LETI: London Energy Transformation Initiative target for schools.

NZCiO: Net Zero Carbon in Operation (UK government, Department for Energy Security and Net Zero).

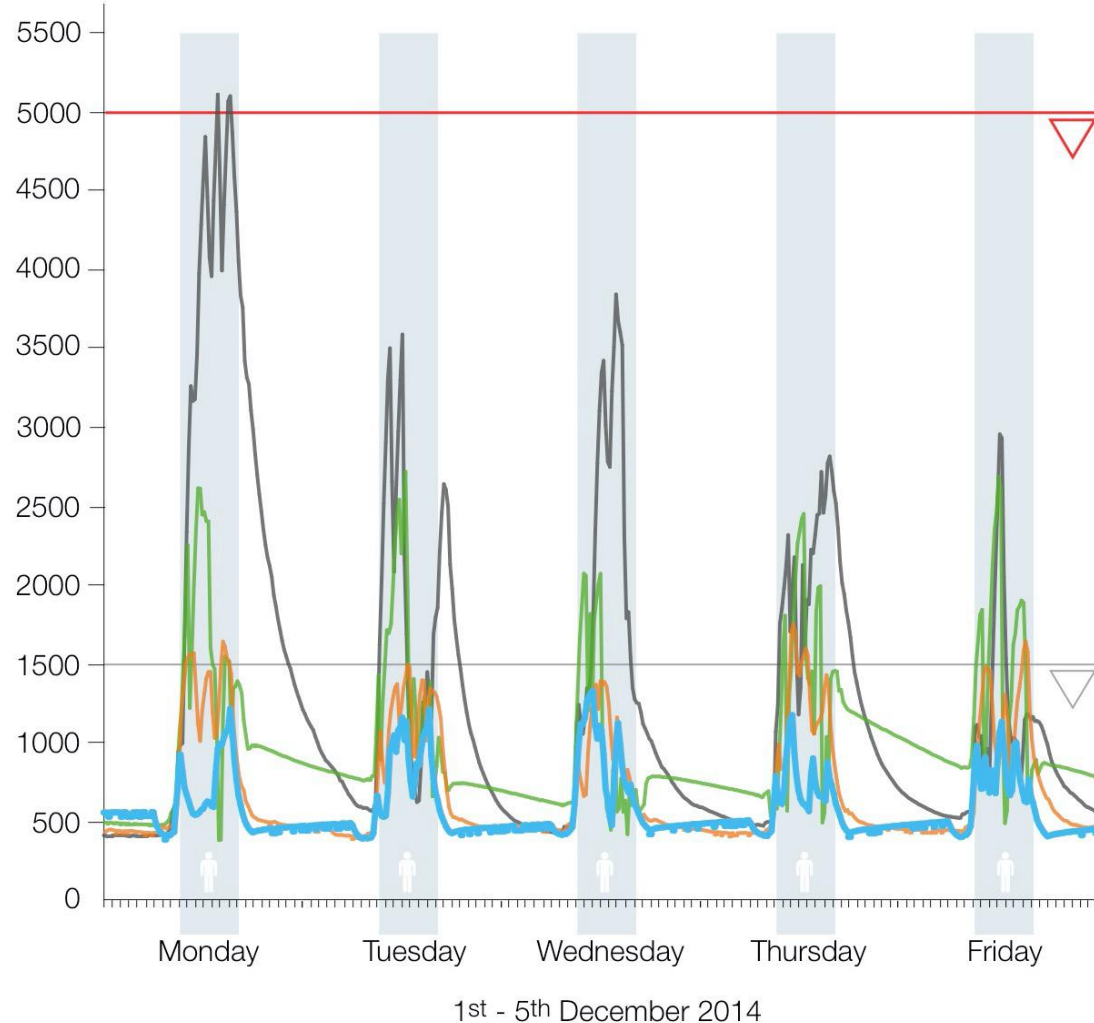
NZCBS: Net Zero Carbon Building Standard target for primary schools.

Context

Better ventilation and lower CO₂ levels



- Wilkinson 2nd generation PH / 2013
- Oak Meadow 1st generation PH / 2011
- Willows pre-PH / 2011
- Conventional 1970s
- Occupied hours 9:00 - 16:00
- Max limit (BB101)
- Average limit (BB101)



- Adequate ventilation in cold weather.
- Ventilation requirements can be met without compromises in thermal comfort.
- CO₂ levels (occupant generated indoor pollutant) remain below BB101 limits.



Data presented here were obtained from the ERDF funded KEEN research project with Coventry University and Architype.

Research Objectives

1 To assess **in-use performance** of four UK Passivhaus case study schools in terms of:

Thermal conditions and overheating risk

Indoor air quality

Ventilation rates

Energy use


2 To identify the **determinants of performance** in the four Passivhaus case studies:

3 To evaluate the **effect of future climate** on:

4 To develop **evidence-based recommendations** for the design and operation of UK Passivhaus primary schools, for optimised performance, in terms of:



Methods

A 


Empirical data
Collection

Four UK Passivhaus primary schools
(2018-19)


Temperature, RH,
over a year,
Questionnaire
surveys.




CO₂ over a year,
occupancy and
operation during
seasonal focused
investigation periods.




PM_{2.5}, PM₁₀, NO₂,
TVOC_{DR}, over a
year.



VOCs, TVOC_{GC}
during seasonal
focused
investigation periods.




Monthly electrical
and fossil thermal
energy use over a
year.



B 

Existing data
Sets

SINPHONIE-UK
(2011-12) monitoring
of six primary schools
in London.
Monitoring:
temperature, RH,
CO₂,
PM,
NO₂
VOCs




Energy use intensity
in primary schools
in England and in
Wales from the
DEC database (Hong et al. 2014)

C


Qualitative emissions
screening from
building materials

The emissions from new samples
of six flooring and ceiling products
typically specified in schools were
screened for qualitative emissions
at the laboratory using two different
sampling techniques.

D 

Building dynamic
thermal simulation
modelling

A small Passivhaus school in
London, calibrated to monitoring
data.
Baseline: 2020s – high emissions
Future climate:
2080s – medium emissions

E 

Statistical analysis
of primary and
secondary datasets

Determinants of:


Half-hourly mean
indoor temperature
in the heating and
non-heating seasons



Daily mean indoor
CO₂ during
occupied hours
in the heating season
(primary dataset)



Half-hourly mean
PM_{2.5}, PM₁₀, NO₂,
during occupied hours
in the heating and
non-heating seasons
(primary dataset)
TVOC_{DR} at night-time in the heating
season in Passivhaus schools,
Time-averaged formaldehyde
concentrations in a combined
dataset.

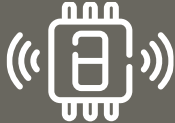


F 

Synthesis of
Findings


Synthesis of findings from the first
three research objectives, in the
context of literature review into a
framework of improvement of
performance of future UK
Passivhaus schools.


Methods


A 


Empirical data Collection


Four UK Passivhaus primary schools (2018-19)

Temperature, RH, over a year, Questionnaire surveys. 

CO₂ over a year, occupancy and operation during seasonal focused investigation periods. 


PM_{2.5}, PM₁₀, NO₂, TVOC_{DR}, over a year. 

VOCs, TVOC_{GC} during seasonal focused investigation periods. 

Monthly electrical and fossil thermal energy use over a year. 

B 

Existing data Sets


SINPHONIE-UK (2011-12) monitoring of six primary schools in London. Monitoring: temperature, RH, CO₂, PM, NO₂ VOCs 

Energy use intensity in primary schools in England and in Wales from the DEC database (Hong et al. 2014)

C


Qualitative emissions screening from building materials

The emissions from new samples of six flooring and ceiling products typically specified in schools were screened for qualitative emissions at the laboratory using two different sampling techniques.

D 

Building dynamic thermal simulation modelling

A small Passivhaus school in London, calibrated to monitoring data.
Baseline: 2020s – high emissions
Future climate: 2080s – medium emissions


E 


Statistical analysis of primary and secondary datasets

Determinants of:

Half-hourly mean indoor temperature in the heating and non-heating seasons 

Daily mean indoor CO₂ during occupied hours in the heating season (primary dataset) 

Half-hourly mean PM_{2.5}, PM₁₀, NO₂, during occupied hours in the heating and non-heating seasons (primary dataset) TVOC_{DR} at night-time in the heating season in Passivhaus schools, Time-averaged formaldehyde concentrations in a combined dataset. 

F 

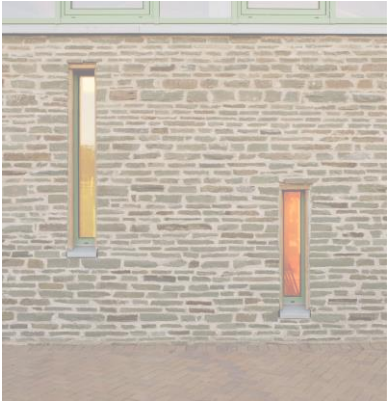
Synthesis of Findings

Synthesis of findings from the first three research objectives, in the context of literature review into a framework of improvement of performance of future UK Passivhaus schools.

Selection of case study schools – Architype’s portfolio



2009 The Willows
POE through a KTP
with Oxford Brookes
University



2010 Staunton-
on-Wye Endowed
POE with TSB



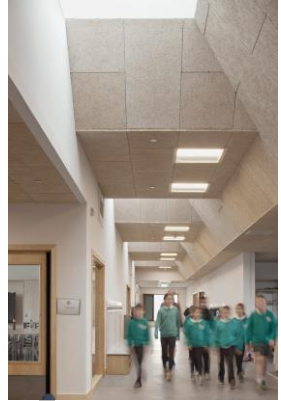
2011 Bushbury Hill
POE with Coventry
University



2014 Wilkinson
POE with Coventry
University



2020 Welshpool
Church in Wales
Primary School POE



2023 Riverside
primary school

2008 St Luke’s POE
through a KTP with
Oxford Brookes
University



2010 Bessemer
Grange (2010)
POE with TSB



2011 Oak Meadow
POE with Coventry
University



2015 Burry Port
Community
POE with UCL



2020 Hackbridge
Passivhaus Plus Primary
School POE



Schools



A



B

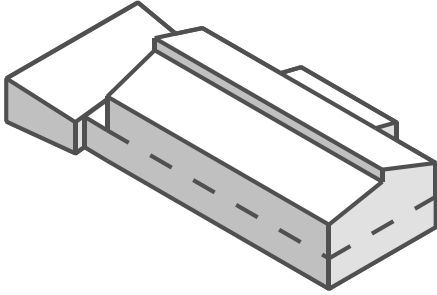
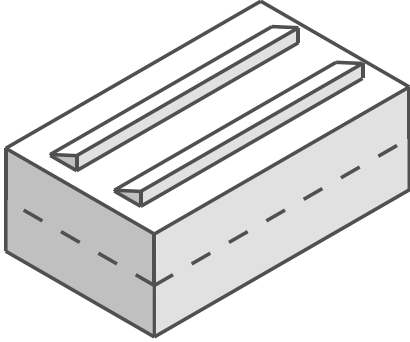
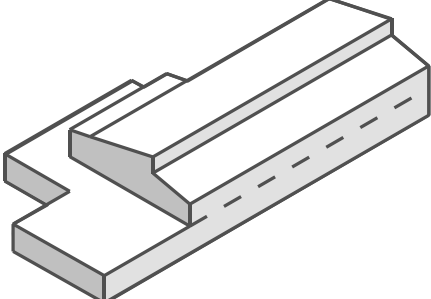
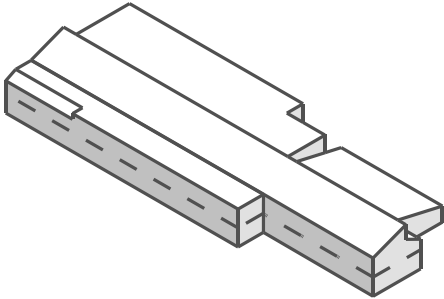


C

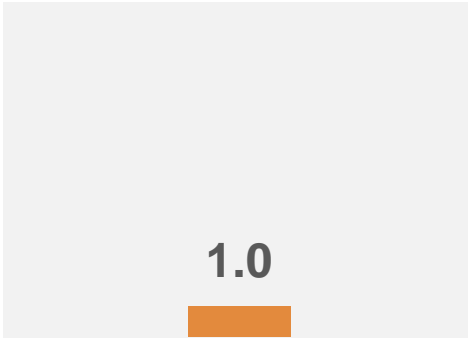
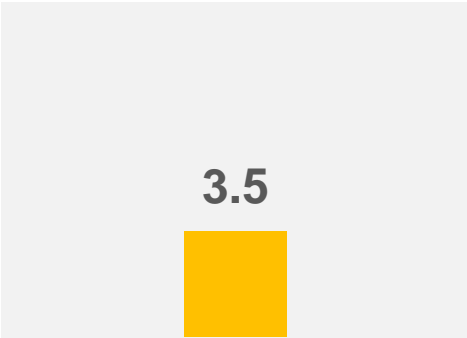
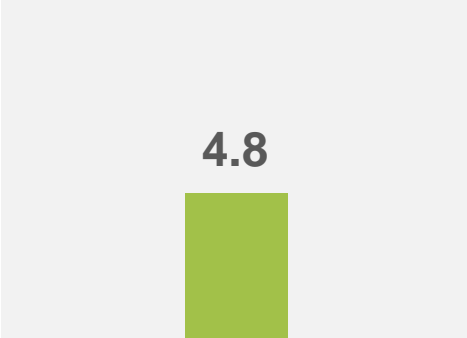
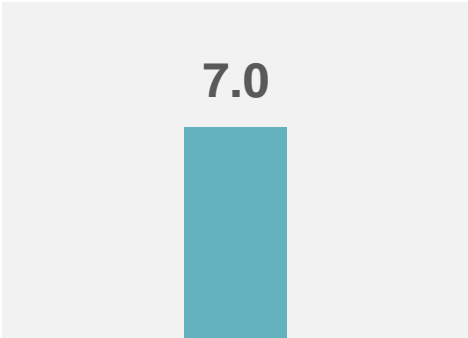


D

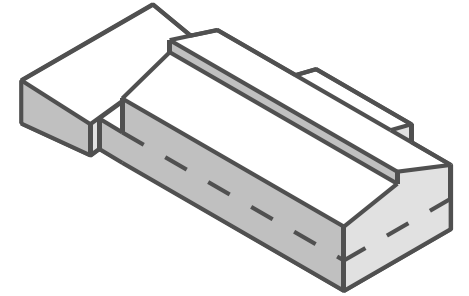
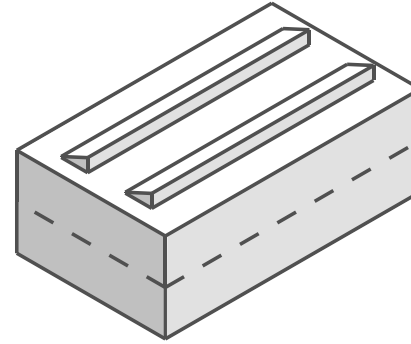
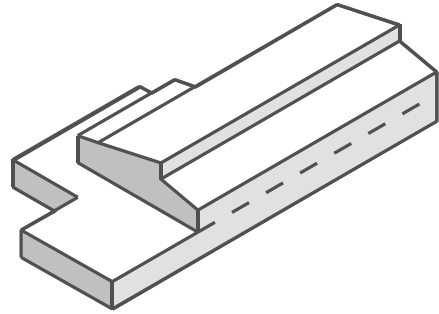
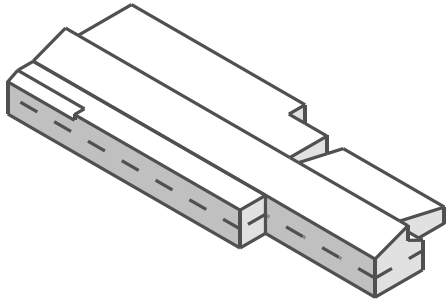
Schools



Age (years since completion at the mid-point of the monitoring period):



Schools



Size (influencing floor area and capacity in number of pupils):

2

form entry

2

form entry

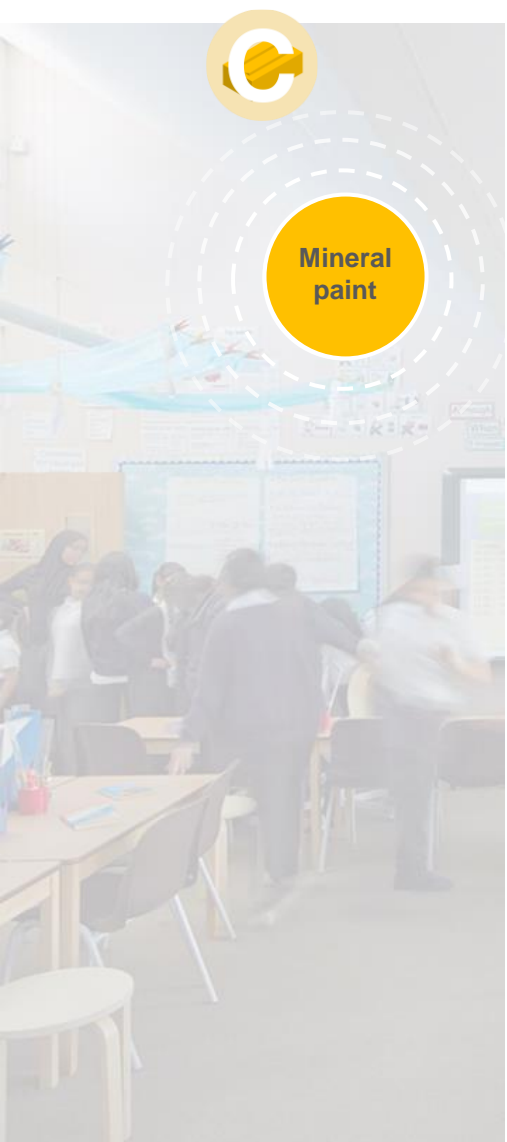
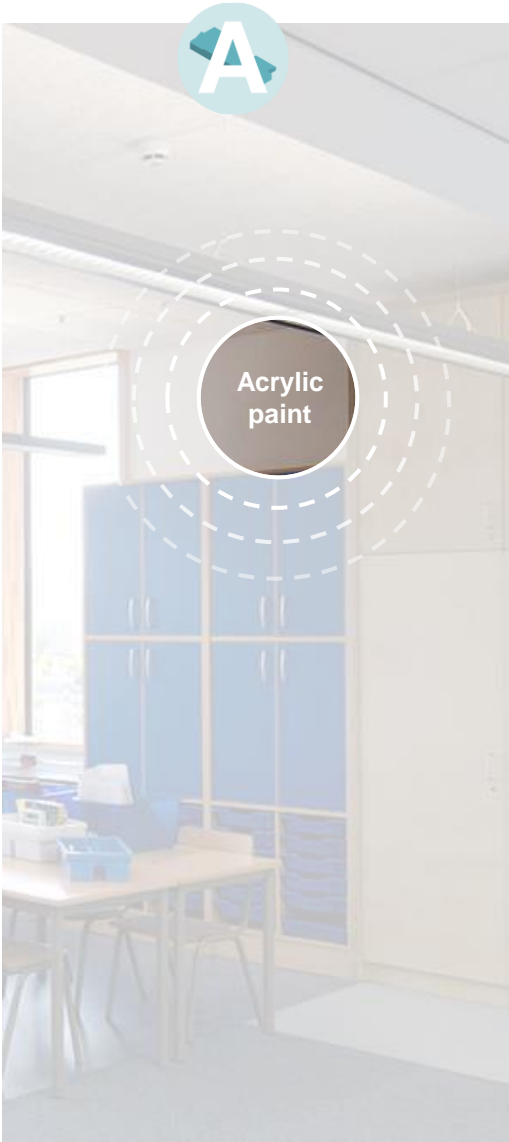
1

form entry

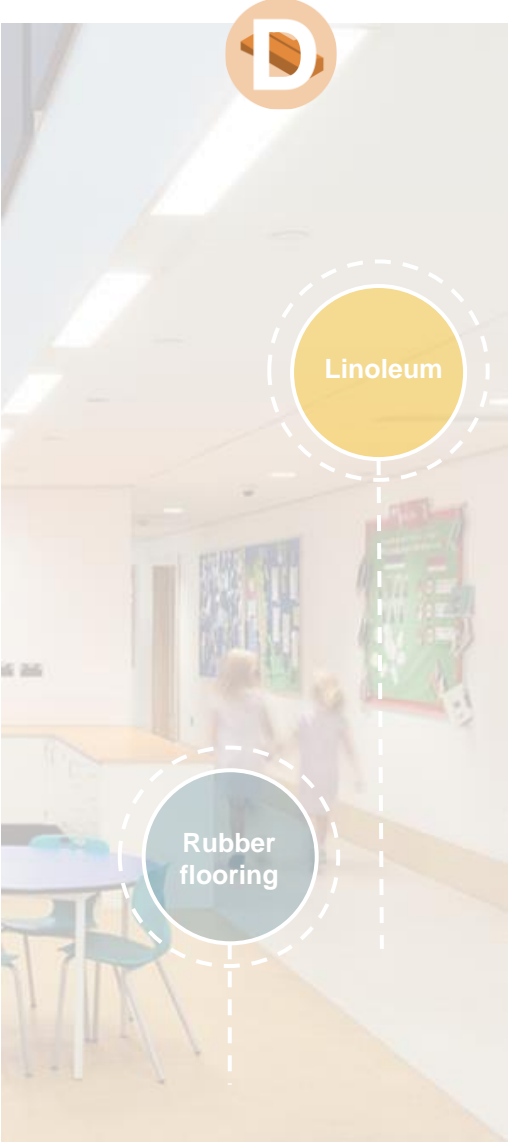
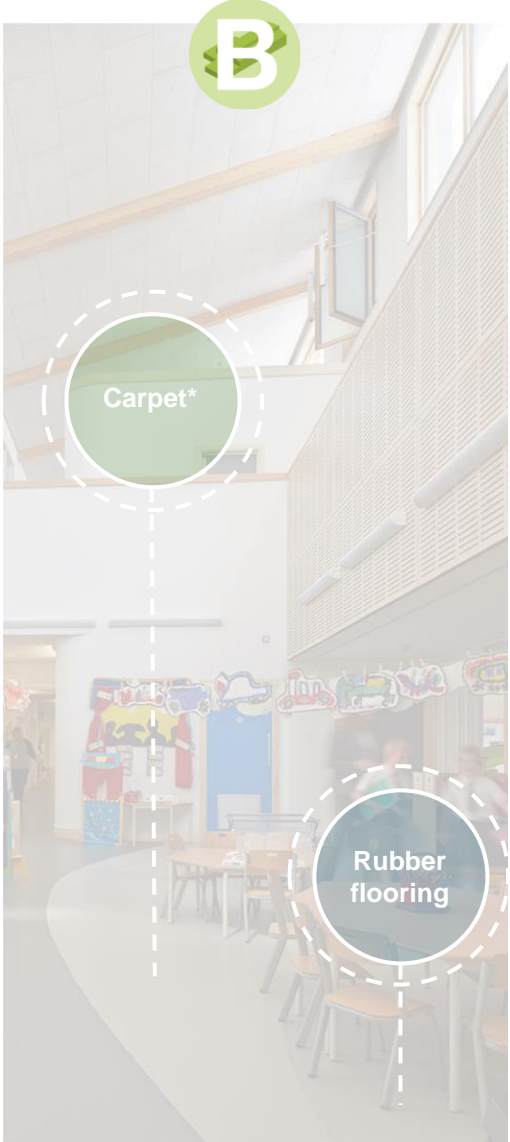
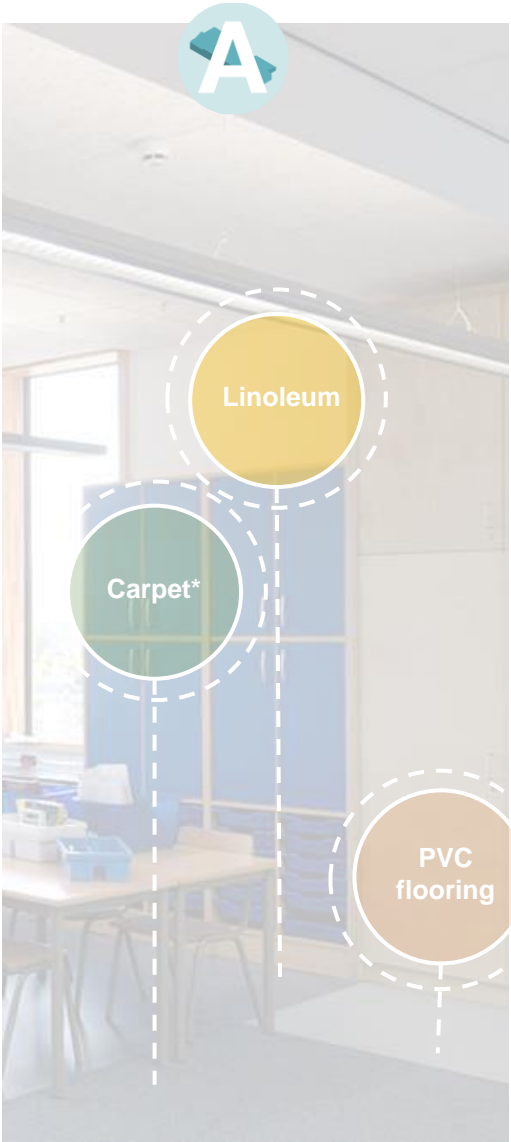
1

form entry

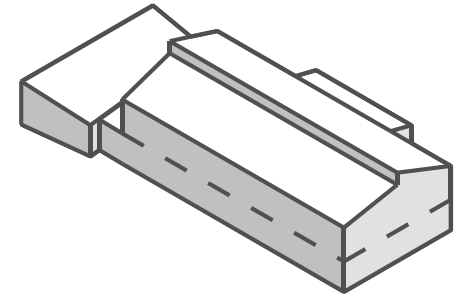
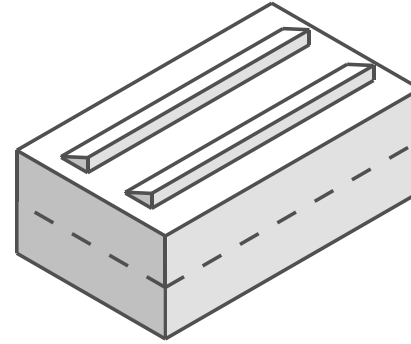
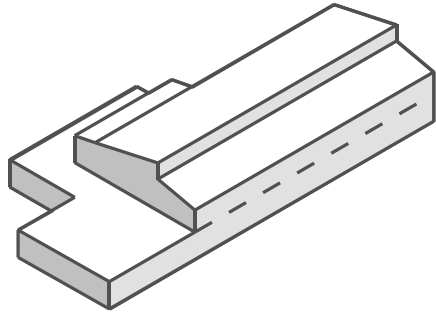
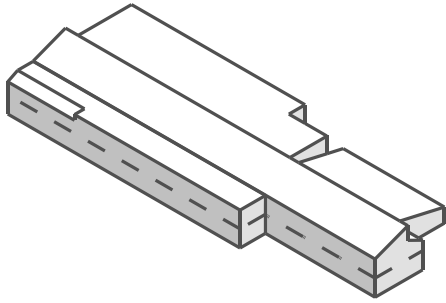
Materials – wall paint



Materials – classroom flooring



Schools



Ventilation strategy in the non-heating season:

Temperature dependent
control

Average **6.5*** L/s per person

Mechanical extract

* Peak (two modes)

Constant mechanical
ventilation rates

At **6.8** L/s per person

Balanced supply and extract

Constant mechanical
ventilation rates

At **8.0** L/s per person

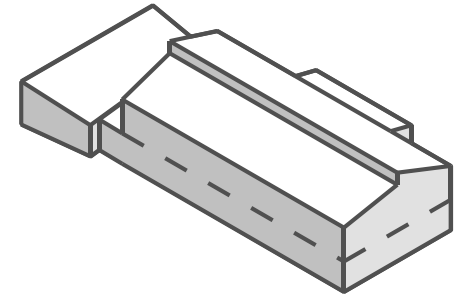
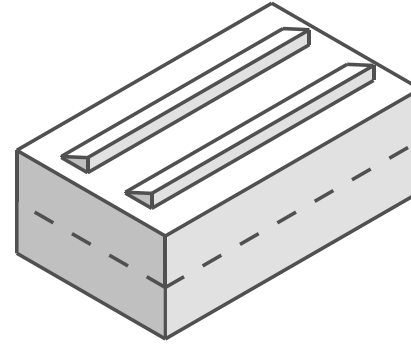
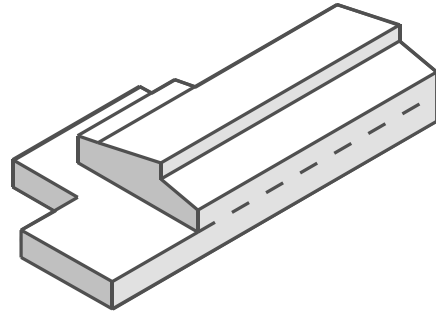
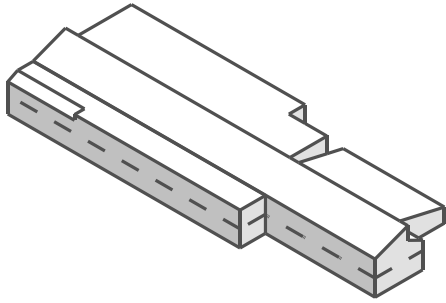
Balanced supply and
extract

Constant mechanical
ventilation rates

At **5.0** L/s per person

Balanced supply and
extract

Schools



Ventilation strategy in the heating season:

Temperature dependent control of mechanical ventilation rates

Average **3.9** L/s per person

Demand control: **CO₂ dictated** mechanical ventilation rates

Average **4.2** L/s per person

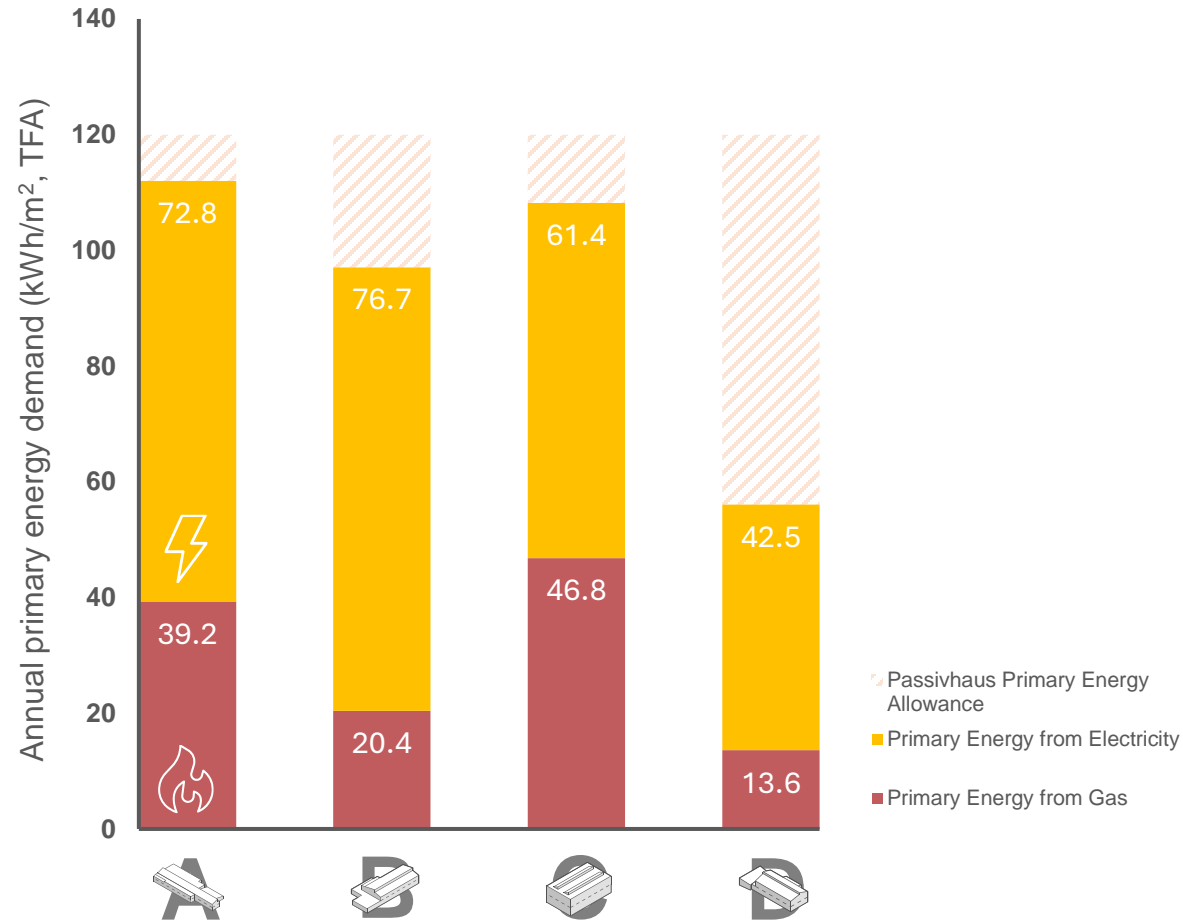
Constant mechanical ventilation rates

At **8.0** L/s per person

Constant mechanical ventilation rates

At **5.0** L/s per person

Main findings – Energy performance in four Passivhaus schools



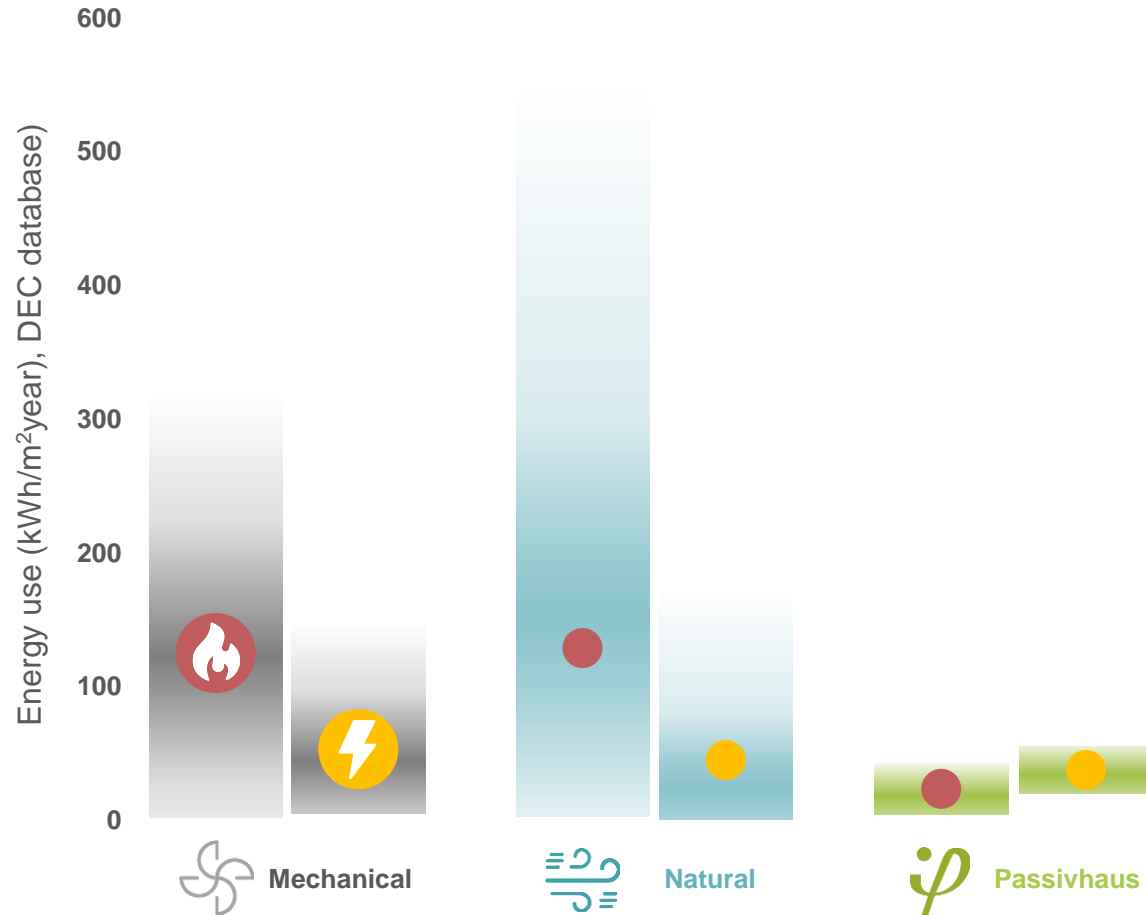
Primary Energy demand requirements are met by all Passivhaus schools.

Variation of electrical energy use explained by school size: floor area and number of children.

Fossil thermal energy use variation due to some schools using fossil thermal for both space heating and domestic hot water/cooking.

Fossil thermal is normalised to UK's HDDs. All values are GIFA floor area normalized.
*from: https://assets.publishing.service.gov.uk/media/658040c583ba38000de1b741/GDB_Annex_2H-Energy-A-C14.pdf

Main findings – Energy performance: Passivhaus vs. Baseline



Comparison of monitoring data to DEC data for primary schools in England shows:

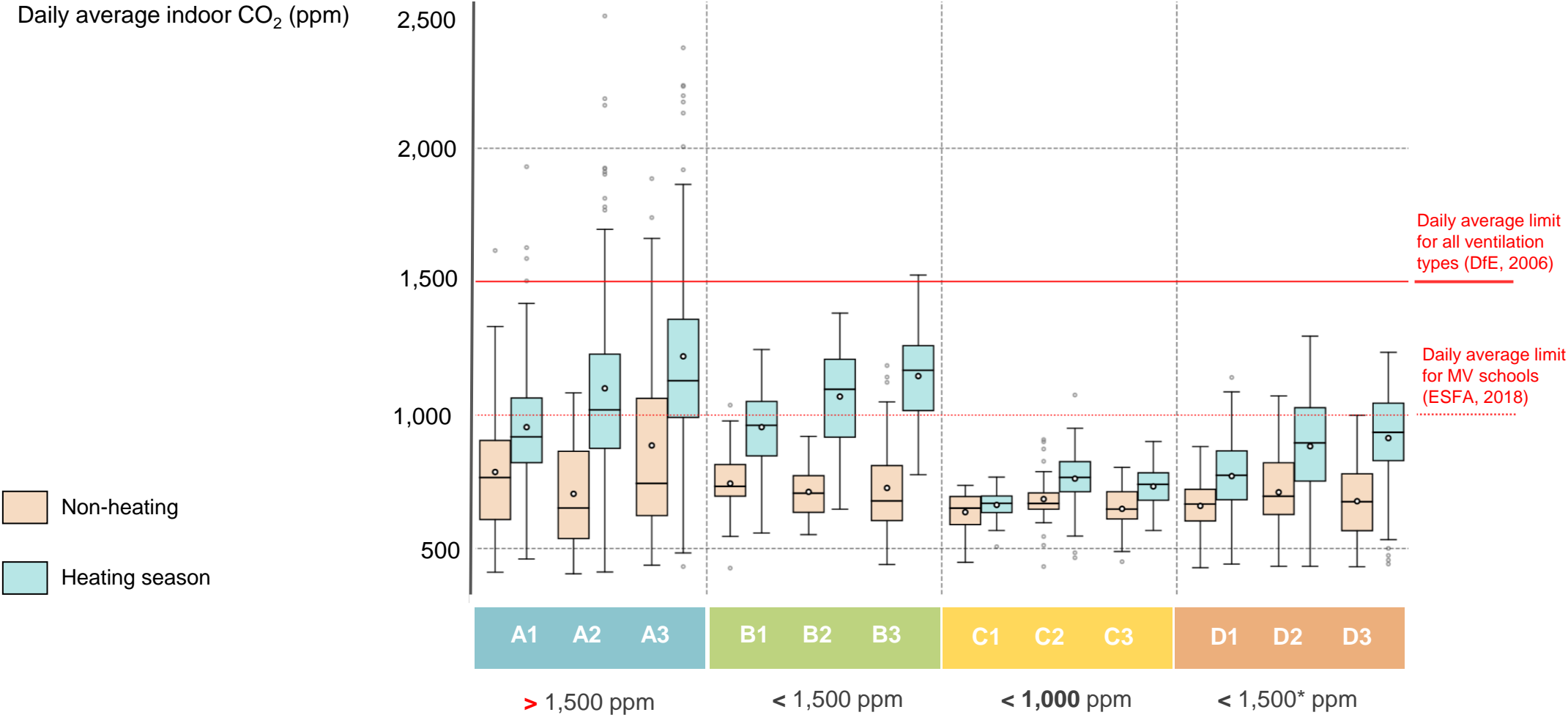
Significantly lower fossil thermal energy use compared to primary schools

Electrical energy use differences between Passivhaus and mechanically ventilated primary school buildings were not significant.

*Sample sizes are as follows: mechanical (n=224), natural (n=8675), Passivhaus (n=4)

* DEC Database, Hong et al. (2014)

Main findings – indoor CO₂

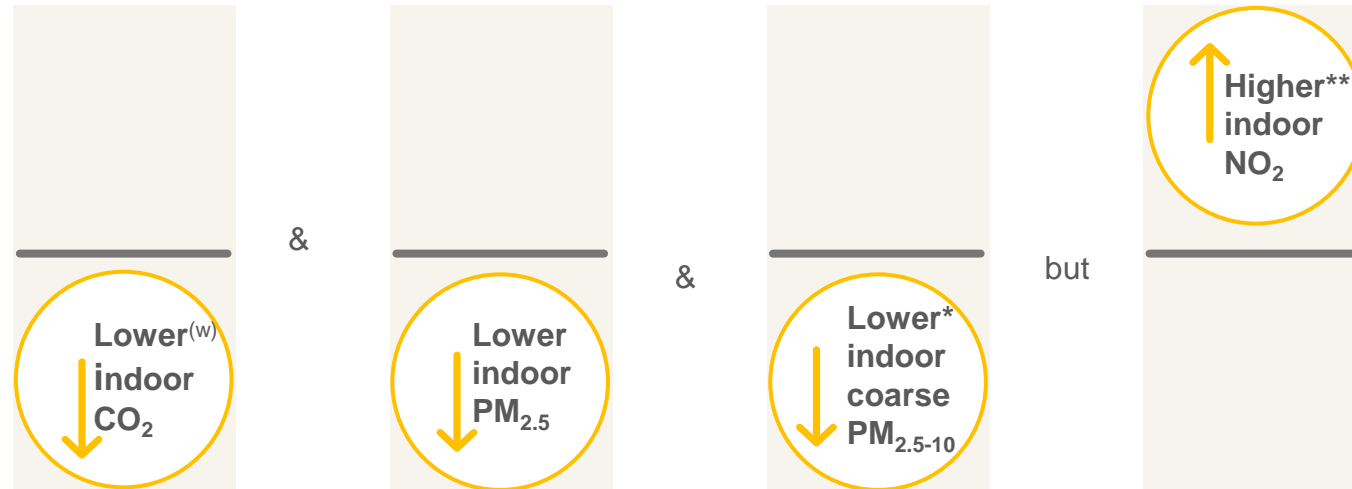


* School D classrooms occupied below capacity during monitoring year. MV: Mechanically ventilated

Main findings – the influence of increased supply rates



Compared to the other schools, after controlling for influencing factors, **school C** also had significantly:



(w) In the heating season

* Potential influence of new carpet.

** Potential influence of surface materials on the depletion rates of NO₂ in indoor air: non-white paint in school C does not contain TiO₂ which increases the rate of photocatalytic reactions of NO₂ in indoor air.

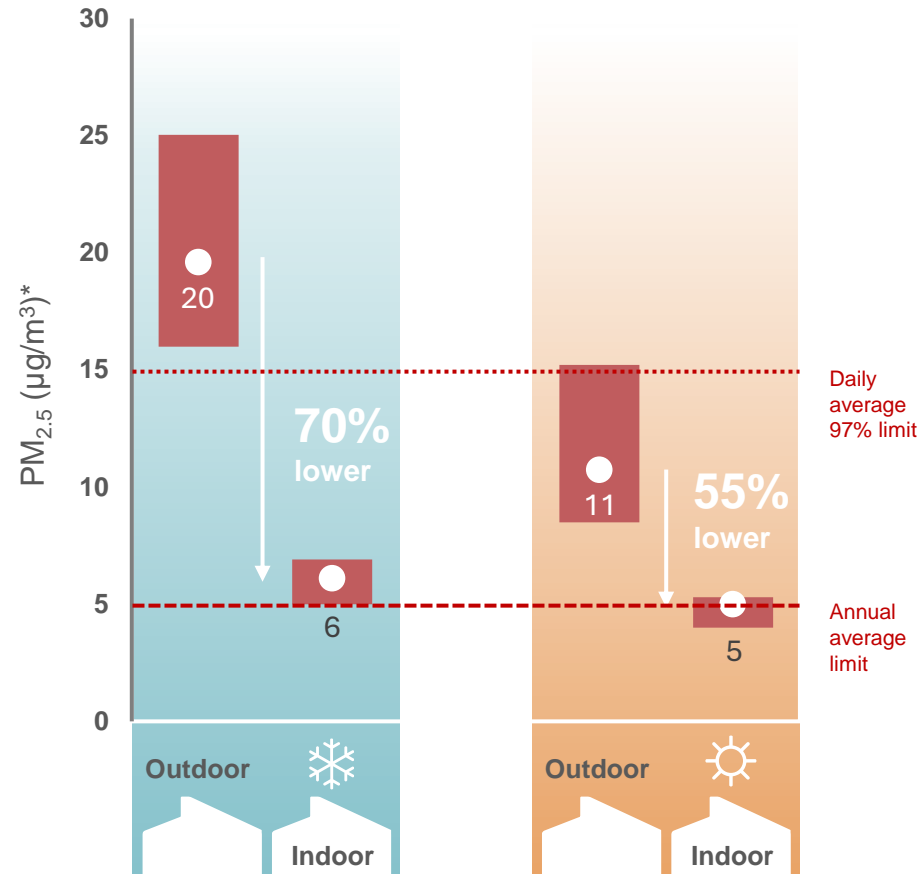
Main findings - indoor PM_{2.5}

Supply of outdoor air also introduces outdoor air pollution (at the point of inlet).

Mechanically supplied air in Passivhaus schools is **filtered**, capturing most of outdoor PM_{2.5}.

Monitoring shows:

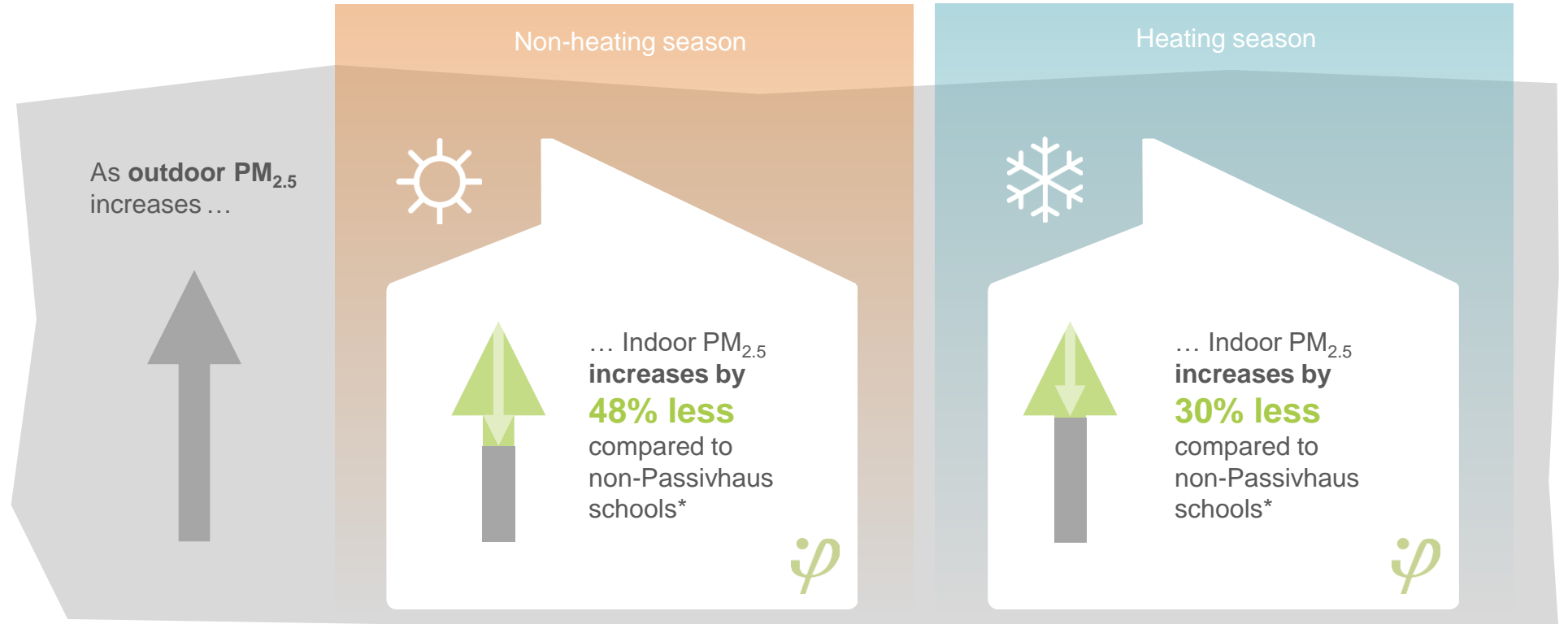
Indoor levels are lower than outdoor levels, as expected, confirming PM_{2.5} is mainly outdoor sourced.



*Daily average concentration aggregation, occupied hours

Main findings - determinants of indoor PM_{2.5}

Compared to baseline UK primary schools, indoor concentrations and indoor to outdoor concentration ratios are **lower** in Passivhaus schools.



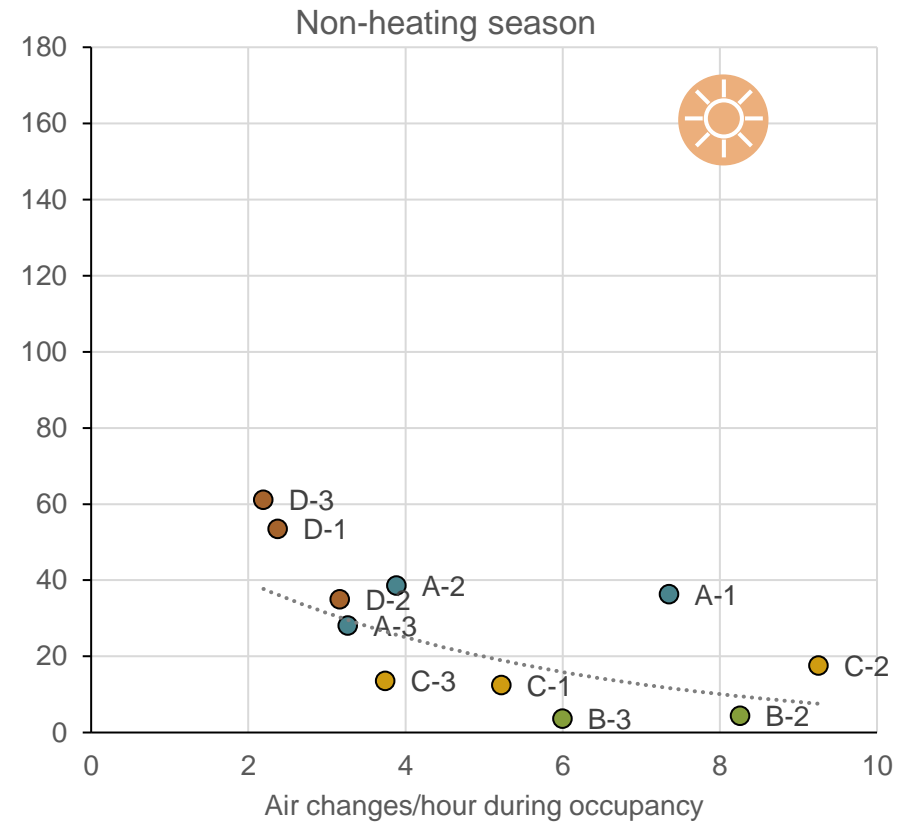
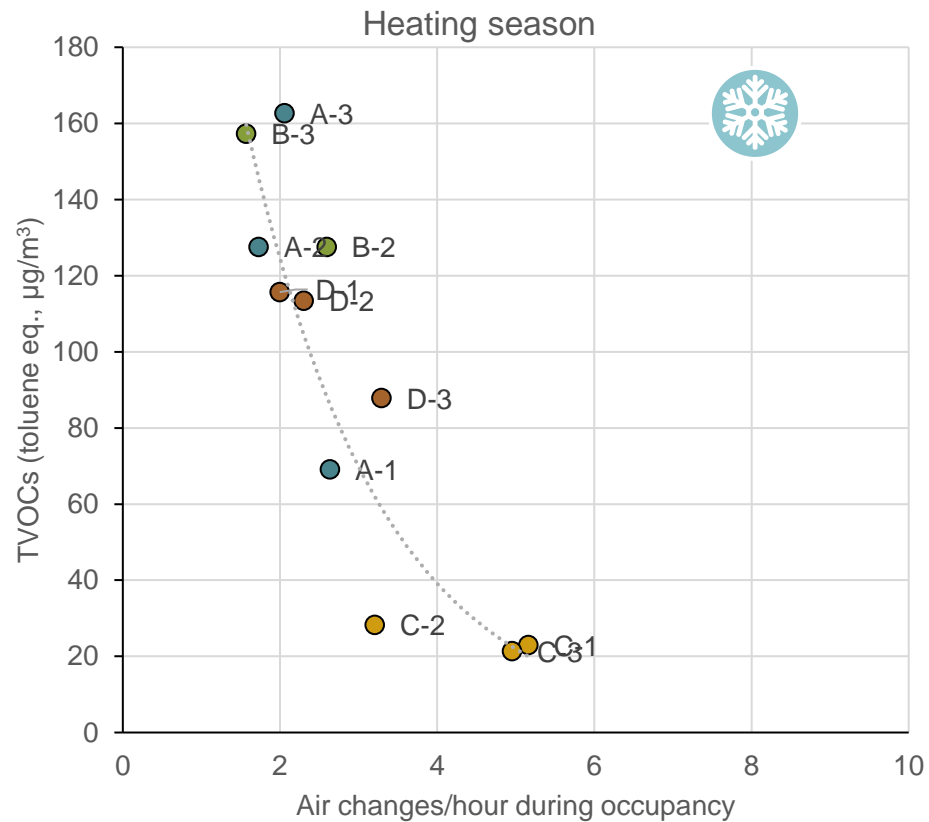
*Based on SINPHONIE-UK findings in Chatzidiakou et al. (2015) in baseline schools an indoor PM_{2.5} increase by 0.27 (0.03) µg/m³ for every 1 µg/m³ increase of outdoor PM_{2.5}.

Main findings – TVOCs

Indoor levels of the **TVOC_{GS} metric** (toluene equivalent):

... decrease as air exchanges rates increase.

... are higher in the heating season compared to the non-heating season.

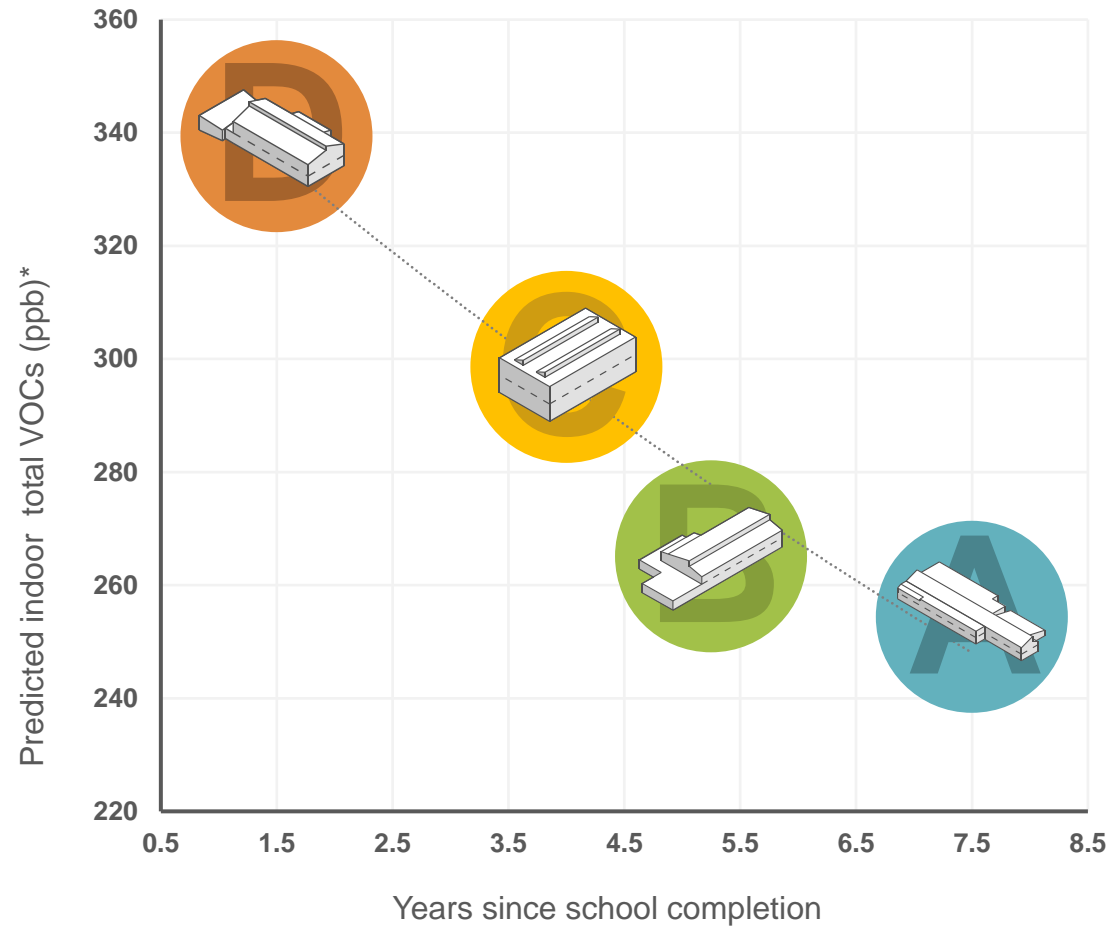


Main findings – strength of TVOC emissions from building materials/furnishings

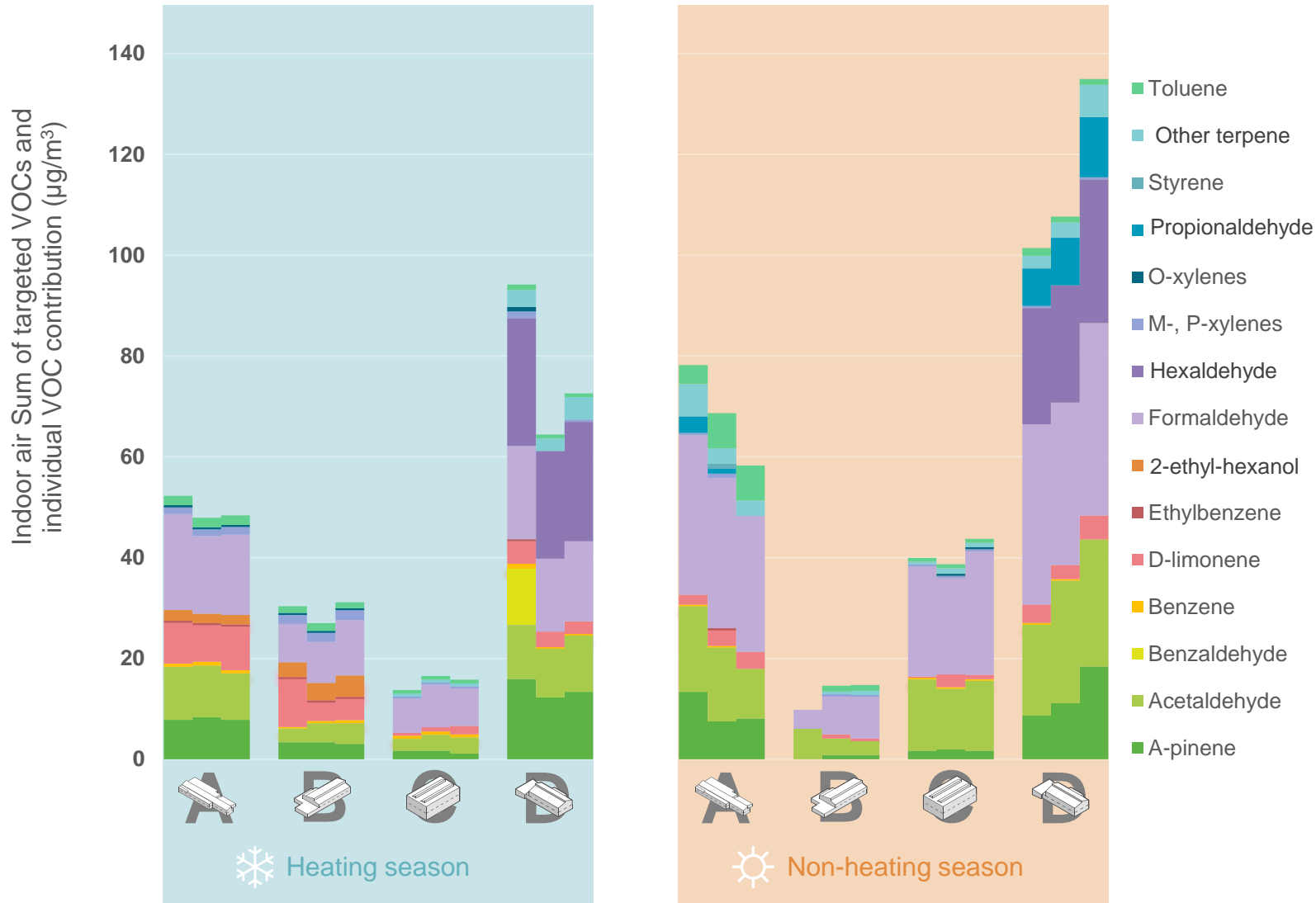
TVOC_{DR} **primary emissions** from materials decrease with **building age** across the four Passivhaus schools.

Differences can be observed several years after delivery.

*Predicted indoor TVOC_{PID} (ppb) at night in the heating season by school. Evidence of Persistent sources of VOCs through comparison of night-time investigation of TVOC-PID concentrations across four schools, showing decreasing strength of emissions with building age.



Main findings – specific VOCs



Of the 17 targeted VOCs and aldehydes...

Not detected: TCE, T4CE

Formaldehyde, limonene and pinene were detected in all schools.

Type of VOCs varied with school: Hexanal only detected in school D. 2-ethyl-hexanol only in schools A and B.

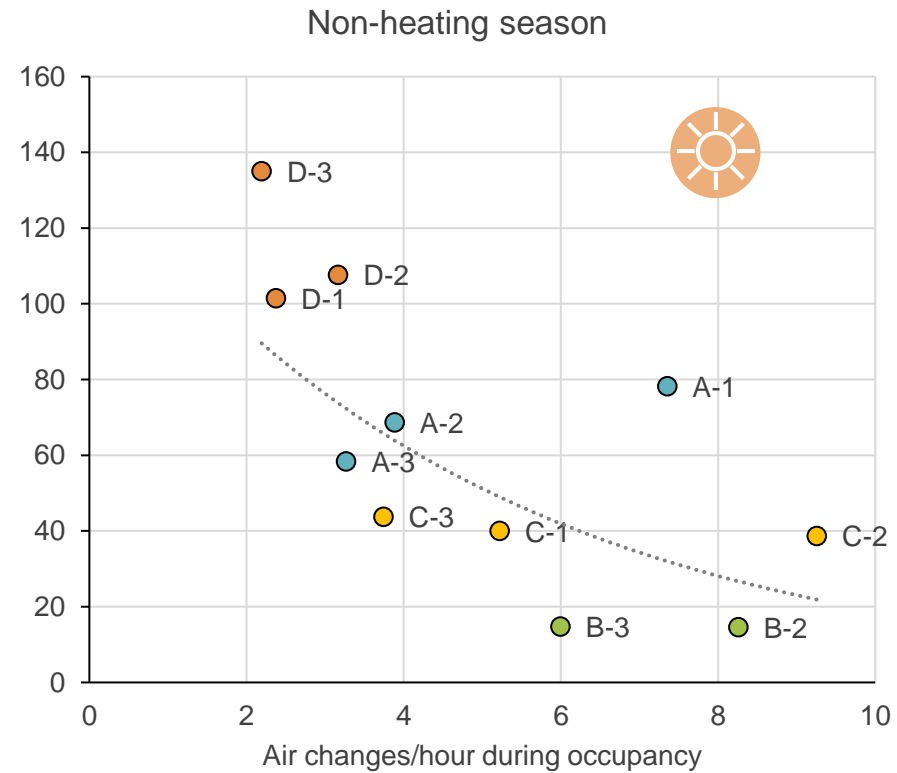
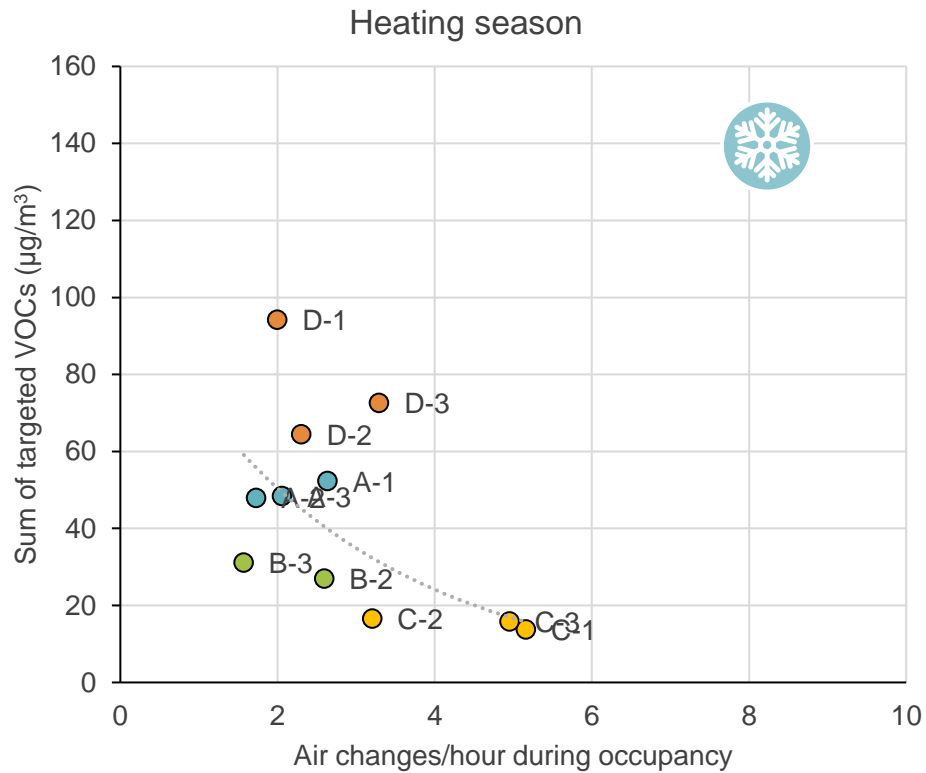
Seasonal variations were not consistent across different types of VOCs: aldehyde emissions increased in the summer.

Main findings – determinants of sum of targeted VOCs (TtVOCs)

The **sum of targeted VOCs** :

... Decreases with higher **air changes per hour** during occupied hours

... Is lower in the heating **season** compared to the non-heating season (except school B).



Main findings – determinants of formaldehyde

Higher than expected formaldehyde levels in school

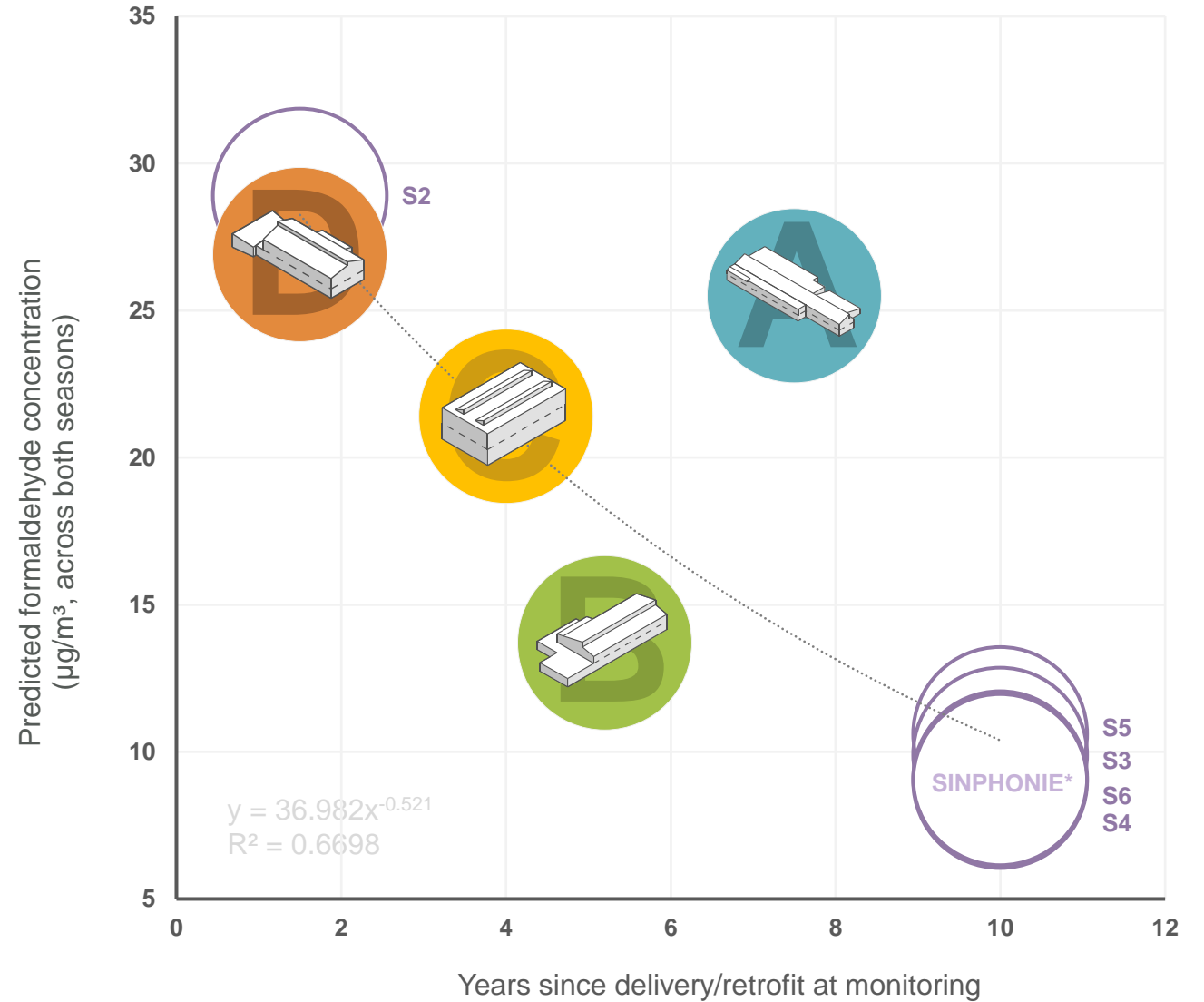


Attributed to:

Higher indoor temperatures.

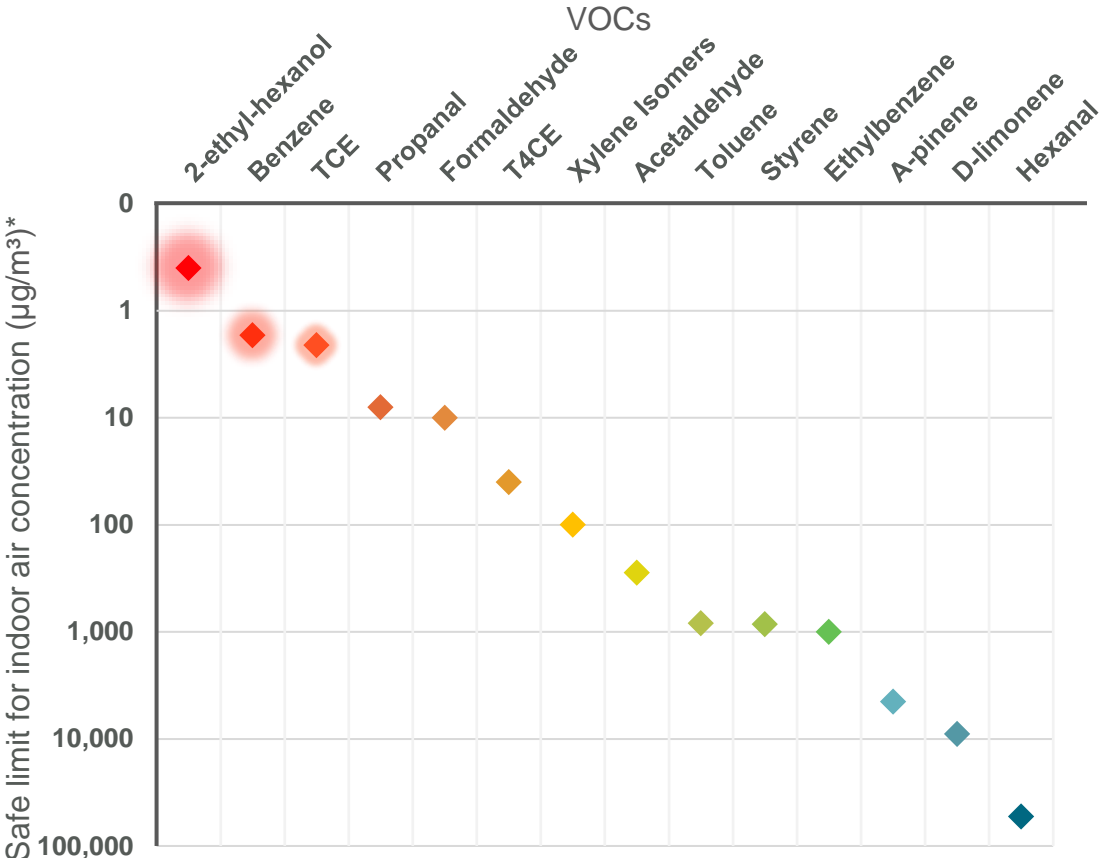
(While the linear model controls for indoor temperature, its effect on formaldehyde formation is exponential.)

Use of **PVC/vinyl** instead of **rubber** anti-slip flooring.



* Schools indicated in purple are from the 'Schools Indoor Pollution and Health: Observatory Network in Europe' research project initiated and funded by the European Parliament, 2010-2014, to assess outdoor/indoor school environment (Chatzidiakou et al. 2015).

Main findings – VOC reference concentrations



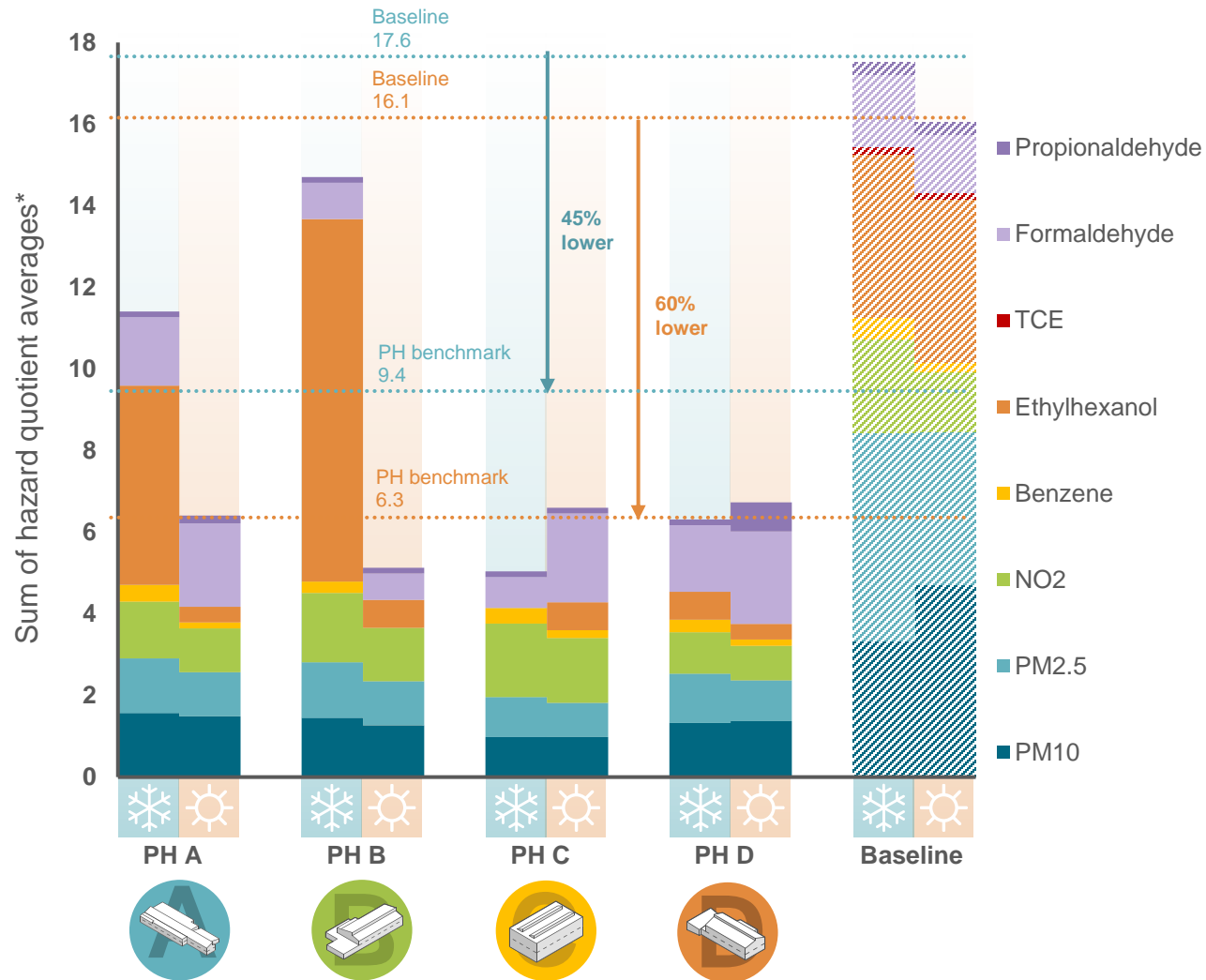
*Selected reference concentrations (RfCs) for VOCs. Limits for indoor air concentrations, from existing guidance, based on toxicity or carcinogenicity effects. The value for 2-ethyl-hexanol is a reference exposure limit suitable for indoor air quality screening purposes due to limited evidence.

Are the measured VOC concentrations relevant to health?

Reference concentrations for **selected VOCs** can be used to evaluate indoor air concentrations of VOCs in relation to occupant health.

Hazard Quotients = Measured / Reference

Main findings – total Indoor Air Quality (IAQ) health-relevant Hazard Index (HI)



The hazard quotient for each pollutant should not exceed 1 to ensure no adverse health effects.

Health relevant Index is the **sum of hazard quotients** and can be used **to assess how hazardous indoor air pollution may be** for the occupants (BSI Standard 17772-1: 2017).

Higher ventilation rates associated with better IAQ.

Highest ventilation rates and lowest total IAQ-HI during the focused investigation period:



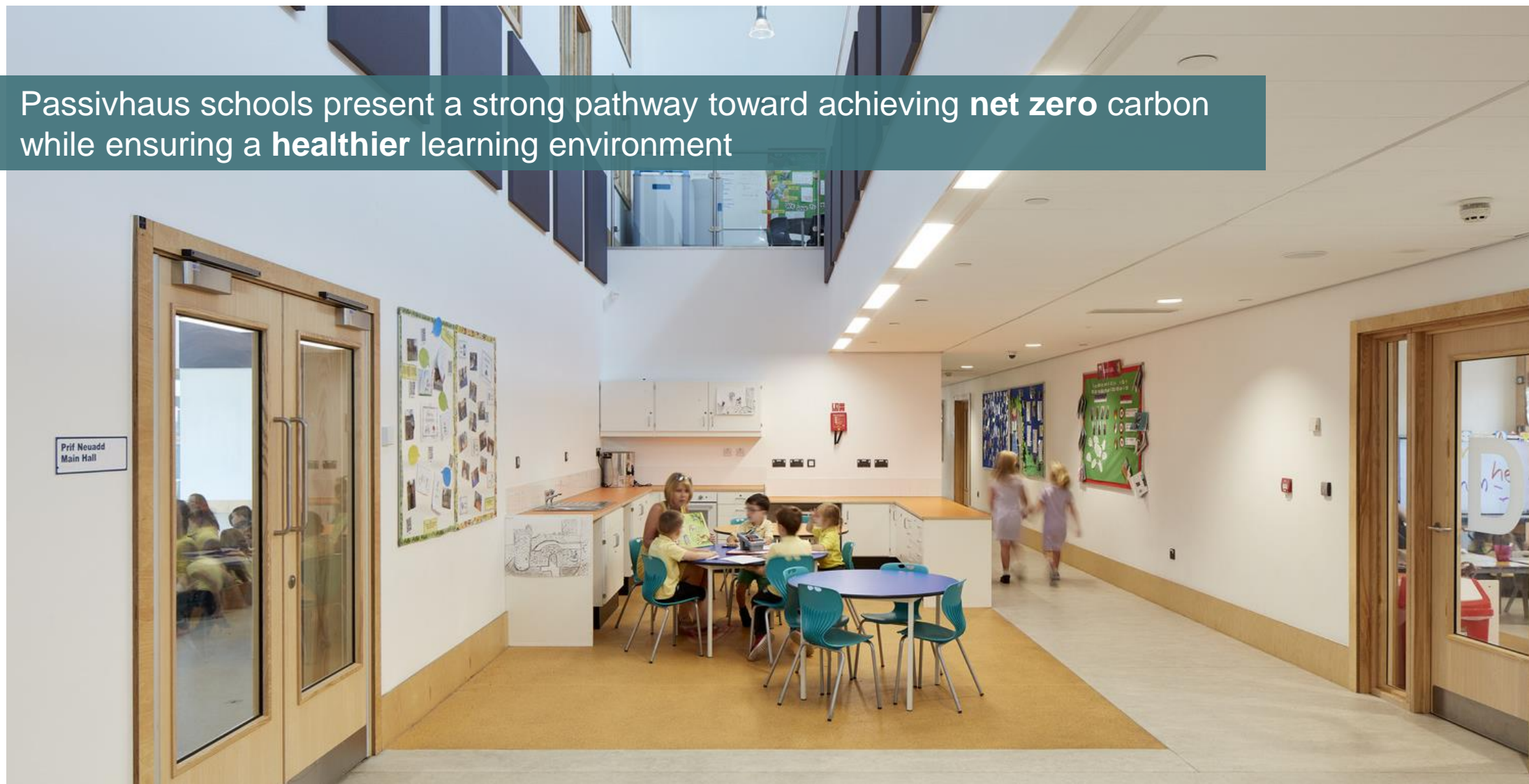
*Total indoor air quality health related index (HI) - sum of hazard quotient averages (selected VOCs, NO₂, PM_{2.5} and PM₁₀)

Implications of findings



Implications of findings

Passivhaus schools present a strong pathway toward achieving **net zero** carbon while ensuring a **healthier** learning environment



Implications of findings

Passivhaus schools present a strong pathway toward achieving **net zero** carbon while ensuring a **healthier** learning environment

Prioritise Passivhaus for new schools in high-pollution areas – **PM_{2.5}** filtered, **NO₂** minimized with inlet placement



Implications of findings

Passivhaus schools present a strong pathway toward achieving **net zero** carbon while ensuring a **healthier** learning environment

Prioritise Passivhaus for new schools in high-pollution areas – **PM_{2.5}** filtered, **NO₂** minimized with inlet placement

Ventilation strategy is a key consideration – **high fixed-rate mechanical supply and extract** improves air quality across both seasons



Implications of findings

Passivhaus schools present a strong pathway toward achieving **net zero** carbon while ensuring a **healthier** learning environment

Prioritise Passivhaus for new schools in high-pollution areas – **PM_{2.5}** filtered, **NO₂** minimized with inlet placement

Ventilation strategy is a key consideration – **high fixed-rate mechanical supply and extract** improves air quality across both seasons

Indoor air quality presents different **challenges in warmer months** – indoor temperature influencing emission/formation of formaldehyde

Implications of findings

Passivhaus schools present a strong pathway toward achieving **net zero** carbon while ensuring a **healthier** learning environment

Prioritise Passivhaus for new schools in high-pollution areas – **PM_{2.5}** filtered, **NO₂** minimized with inlet placement

Ventilation strategy is a key consideration – **high fixed-rate mechanical supply and extract** improves air quality across both seasons

Indoor air quality presents different **challenges in warmer months** – indoor temperature influencing emission/formation of formaldehyde

Shift from compliance-based to **source-informed VOC monitoring** – material-specific focus is needed

Thank you



Presentation and graphical contributions: Seb Laan Lomas and Katie de Silva.